



**STRENGTH
ACTIVITY**

FRANCIS & FRIENDS

EXPLORING SMALL SPACES

written by Ginny Gaskamp

Activity Instructions

This activity encourages us to notice the intricate details in nature and how they exist together by focusing on a small plot of ground.

Take a hula hoop, picture frame or circle of yarn out to a field, wooded or grassy area to mark off a small space. Sit or lie down around the perimeter and begin to focus in on just the space within.

Look closely at what is on the surface closest to you. Describe the colors and textures you see. Is there grass? Weeds? Seed heads? Leaves? Pollution? Is the wind changing the surface? Notice if the surface is the same in the entire area or if there are variances. Begin to journal about everything you discover in words and drawings.

Use magnifying glasses to look deeper. Can you see the soil or is it covered by growth? Are there rocks or pebbles? Decaying bits of plants? Twigs? Is the ground dry or damp?

Keep watch for living creatures like ants, spiders, or pill bugs. Wonder what they might be doing or thinking. What might they eat? Where might they sleep? Who has provided for them?

Psalm 104:24

How many are your works, O Lord! In wisdom you made them all; the earth is full of your creatures.

Discussion Questions

While looking back at your journal:

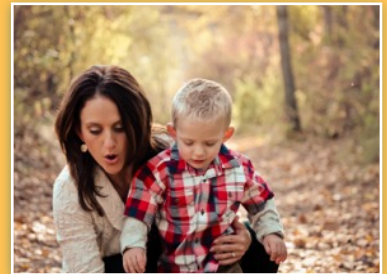
1. Talk about how creatures share this plot of ground and how they are similar to us and different too!
2. How do they depend upon God's creation for their physical needs?
3. How do we depend on God's creation for our physical needs?

Supply List

Hula hoop, large picture frame or yarn to mark off an area approximately 3ft by 3ft

Magnifying glasses

Notebook & colored pencils



Prayer

God of all creation, we recognize your greatness in the smallest of places and in the vastness of the universe. Please help us to remember that all that we need is provided by you. Amen